



# YMCA November Invitational

Hosted by  
**West Shore YMCA**  
*Messiah College*  
 1 College Avenue  
 Grantham, PA 17027

**November 5-6, 2011**

<b>LOCATION:</b>	<p><i>Messiah College</i>  <i>Sollengerger Sports Complex</i>          1 College Avenue          Grantham, PA 17027</p> <p>Emergency calls the day(s) of the meet: 717-514 2287</p>
<b>FACILITY:</b>	<p>The Fredricksen Natatorium — housed within the Sollenberger Center includes an 8-lane, (6' depth at the start end and 5' depth at the turn end), 25-yard indoor swimming pool, along with a separate diving well for warm-up/warm-down. Temporary bleacher seating for 300; large deck area for swimmers, coaches and officials. Colorado 6000 timing system with LED matrix scoreboard. Hy-Tek Meet Manager 4.0 software. There will be no concession area at this meet. <b><u>Pool Certification</u></b> – The competition course has not been certified in accordance with 104.2.2C(4) of the USA Swimming Rules &amp; Regulations, Section 202.3.5 A or B (page 57 in the 2011 Rules &amp; Regs).</p>
<b>MEET DIRECTOR:</b>	<p><b>Michael Gobrecht</b>, (717) 514-2287          Email: <a href="mailto:mike@wsyswim.org">mike@wsyswim.org</a></p> <p>Please direct all questions to the Meet Director.</p>
<b>MEET Referee:</b>	<b>Judy Quigley</b>
<b>SAFETY DIRECTOR:</b>	<b>Michael Gobrecht</b> (717) 514-2287
<b>ELIGIBILITY:</b>	<p><i>This meet is open to swimmers from Somerset Valley YMCA, West Shore YMCA, Lebanon YMCA, Chambersburg YMCA, and Carlisle YMCA.</i> This meet will be run according to current USA Swimming rules and regulations. Swimmer's age on the first day of the meet determines age group for the entire competition.</p>
<b>ENTRY LIMITS:</b>	<p>Meet Director may add sessions, shift an event, limit the number of entries, eliminate certain events and/or heats, and any other reasonable modification to the meet format in order to complete sessions within the four (4) hour session limit. Notice will be provided promptly to swimmers and teams concerning modifications to the meet or changes to any entries/events/heats. Entry fees will be refunded to</p>

	<p>teams/swimmers whose entries have been rejected or who are unable to compete due to limitations. Swimmers are permitted to enter 3 events and two (2) relays per day.</p>
<b>WARM-UP:</b>	<p><b>USA Swimming and Middle Atlantic safety procedures will be enforced throughout the meet. Warm-ups are subject to the following procedures:</b></p> <p>The warm-ups sessions may be divided into periods of equal length depending on the number of swimmers entered into each session. Warm-up schedules will be posted on the web site prior to the meet and will be made available to coaches at the meet.</p> <p>Sprint/Start lanes will be available at the end of each warm-up session.</p> <p>No diving or backstroke starts will be permitted except in sprint lanes, when designated.</p> <p>The referee may remove anyone from the warm-up for failure to comply with the warm-up rules.</p> <p><b>Swimmers without a coach must report to the Meet Director before entering the pool for warm-up in order to obtain a lane assignment.</b> Swimmers without a coach who are 12&amp;Under will swim with and be supervised by the host club during warm-up.</p> <p><b>Note:</b> Swimmers violating safety procedures will be removed from the warm-up for the remainder of the warm-up session. Subsequent violations may cause the swimmer to be disqualified from the remainder of the meet.</p>

<b>START TIMES:</b>	<b>Session</b>	<b>Warm Up</b>	<b>Meet Starts</b>
	Saturday Session	12 noon	1pm
	Sunday Session	12 noon	1pm
<b>HOW TO ENTER AND SEEDING:</b>	<p>This meet will be pre seeded. This meet is only open to those teams invited</p> <p>Entries must be submitted in the course in which they were achieved. Converted times should NOT be used. All times submitted must be the swimmer's best time. Non Conforming times will be seeded last.</p> <p>Swimmers without a valid USA Swimming time in an event must be submitted as a "NT" in that event.</p> <p>Entries should be submitted using <b>HY-TEK</b> software format. The entry file may be found on the Middle Atlantic Swimming web site <a href="http://www.maswim.org">http://www.maswim.org</a></p> <p>A hard copy printout listing each swimmer alphabetically, with each swimmer's events and entry times, must accompany the diskette. If you are emailing your entry, please send a word file from your Hy-Tek Team Manager sorted by athlete and event. This file will be used as your official entry. All emailed entries will receive confirmation of receiving your entry.</p> <p>If a HY-TEK file is not possible use the attached entry form.</p> <p><b>Notice:</b> As per Middle Atlantic regulations, failure to enter a swimmer's best time could result in suspension from competition for a minimum of 3 months, but not more than one year. Further violation by a coach, parent, or swimmer could result in that person being forbidden to participate in or attend USA Swimming functions.</p>		
<b>ENTRY FEES:</b>	<p><b>\$1.00 per Individual Event</b></p> <p>Please send <b>ONE</b> check per club, made payable to "<b>West Shore YMCA</b>"</p>		
<b>SEND TO:</b>	<p>Mail entries to: <b>WSY Swimming</b>  <b>c/o Michael Gobrecht</b>  <b>410 Fallowfield Road</b>  <b>Camp Hill, PA 17011-4900</b>  <a href="mailto:mike@wsyswim.org">mike@wsyswim.org</a> FAX (717) 728-3561</p>		
<b>ENTRY DEADLINE:</b>	<p><b>ALL ENTRIES must be received by Wednesday, November 2, 2011 at 7pm.</b></p>		
<b>START PROCEDURE:</b>	<p>This Meet will be conducted using the <b>No Recall</b> false start rule.</p> <p>This Meet will also use the whistle command starting procedure.</p> <p>'Fly-over' starts will be used at this meet. All swimmers (except for Backstroke starts) should remain in the water at the completion of their race until the next heat has begun.</p>		
<b>AWARDS:</b>	<p><b><i>There will be no awards for this meet</i></b></p>		

<b>RESULTS:</b>	Final Results will be available on the WSY web site web site in a (HTML) printable format and in a downloadable Team Manager (Cfile.zip) format. Results will not be mailed.
<b>SAFETY:</b>	Current USA Swimming Safety Rules will be in effect and will be strictly enforced.
<b>DECK ACCESS:</b>	By USA Swimming ruling, deck access is limited to swimmers, coaches, officials & meet workers. Officials and coaches must wear their USA Swimming ID cards to be allowed on deck.
<b>HOSPITALITY:</b>	There will be drinks available at all sessions for officials and coaches
<b>TIMERS:</b>	<b>Volunteer Timers</b> may be needed for this meet. Volunteers will receive a refund on their admission and a meal ticket for the concession area.
<b>SPECTATORS:</b>	On deck temporary seating is available for up to 300 spectators.
<b>PARKING:</b>	Free parking is available next to the building
<b>WEB SITE:</b>	For meet info, please visit the WSY Swimming web site at:  <a href="http://www.wsyswim.org">http://www.wsyswim.org</a>
<b>SWIMMERS WITH A DISABILITY</b>	Swimmers with a disability are welcome to enter this meet. The coach or team entry person must alert the meet director and the meet referee as to the need for any special accommodations or seeding arrangements at the time the entry is submitted

